Prenatal Imaging Evaluation of ARM

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No disclosures

Mariana Meyers, MD





- Review the main prenatal imaging findings of ARM
 Overview of normal fetal anatomy by imaging
- Case-based review of different types of prenatally diagnosed ARM





Anorectal Malformations

- Prenatal diagnosis remains rare ~ 16% 1:5,000
- Different types:
 - Severe forms (most commonly dx in-utero):
 - Cloaca
 - Cloaca exstrophy
 - Less severe forms:
 - Recto-urethral/ bladder fistula
 - Recto-vestibular fistula
 - Imperforated anus with or without fistula





Pediatr Radiol (2019) 49:387-398

Types of ARM/ Cloaca

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Fetal MRI findings to help distinguish the cloacal spectrum Table 1 Urinary Perineum Intestinal Genital Dilated colon above the common In general, a greater Cloacal dysgenesis Marked urinary ascites. No perineal orifice. channel, decreased T1-W degree of Absent amniotic fluid after signal of the meconium, which hydrometrocolops from 20 gestational weeks. does not reach the perineum. Variable degree of no perineal outlet. Possible duplication. hydroureteronephrosis. Classic (persistent) cloaca Dilated colon above the common Variable degree of Variable degree of Single perineal orifice at the hydroureteronephrosis channel, decreased T1-W hydrometrocolops. expected location of the signal of the meconium, which Possible duplication. and ascites. urethra. does not reach the perineum. Posterior cloaca Dilated colon above the common Variable degree of Variable degree of Single perineal orifice at the channel, decreased T1-W expected location of the anus. hydrometrocolops. hydroureteronephrosis signal of the meconium, which Possible duplication. and ascites. does not reach the perineum. Normal in caliber and T1 Urogenital sinus Variable degree of Normal anal orifice. Common Variable degree of hyperintense signal extending hydrometrocolops. hydroureteronephrosis urogenital orifice where a to the level of the perineum at Possible duplication. and ascites. urethra is expected. the anus. Cloacal variant Normal in caliber and T1 Variable degree of Variable degree of Anal opening anterior to where a hyperintense signal extending normal anal orifice is expected. hydrometrocolops. hydroureteronephrosis to the level of the perineum Possible duplication. and ascites. Common urogenital orifice where a urethra is expected. anterior to the expected anus. Normal anal orifice. Common Posterior cloacal variant Normal in caliber and T1 Variable degree of Variable degree of hydrometrocolops. hydroureteronephrosis urogenital orifice posterior to hyperintense signal extending Possible duplication. the expected urethra. to the level of the perineum at and ascites. the anus.





Prenatal Diagnosis

- Detected in second trimester anatomical US 18-22 weeks
- Key organs to evaluate on prenatal US/MRI:
 - Kidneys / Bladder
 - Bowel
 - Genitalia
 - Anal Dimple
 - Lower spine /Sacrum
 - Others (associated syndromes)





Prenatal Diagnosis- Imaging

- Most common prenatal imaging findings:
 - Abdominal/ pelvic cystic mass (52%)
 - Hydronephrosis (49%)
 - Oligohydramnios (26%)
 - Ascites (22%)
 - Intestinal distention (18%)
 - Others (abnormal genitalia, distended or absent bladder, 2 vessel cord, renal anomalies, etc.)



Normal Imaging Findings



Normal Kidneys and bladder

Kidney









Normal Anal Dimple - US

Rounded or oval

Central hyperechogenicity Rim of hypoechogenicity





Normal Anal dimple - MRI

Rounded or oval Hypointensity with surrounding fat signal







Ossification S1 and S2 at 16-17 weeks Most fetus have ossification of S4 at 17 weeks





Normal bowel- Colon

Ultrasound cannot see the bowel well in-utero









Meconium Signal

Meconium within the rectum by 19-22 weeks

Hypointense on T2



Hyperintense on T1







Normal genitalia







Normal uterus





When normal, not well seen on SG or CO



Abnormal Imaging Findings



Abnormal Anal Dimple - US







Abnormal Anal Dimple - MRI







Abnormal Meconium Signal

In cloacal malformations/ recto-urinary fistula: mixed of meconium with urine may cause bowel signal to increase and bladder signal to decrease on T2 weighted sequences and vice versa on T1 weighted sequences







Sacrum



Truncated sacrum

Normal Spine







Hydrometrocolpos







Hydroureteronephrosis







- 1. Recto-perineal and recto-vestibular fistula
- 2. Recto-urethral fistula
- 3. Cloaca and cloacal exstrophy
- 4. I don't know





What types of Anorectal Malformations are most frequently diagnosed prenatally?

- 1. Recto-perineal and recto-vestibular fistula
- 2. Recto-urethral fistula
- 3. Cloaca and cloacal exstrophy
- 4. I don't know



Cases







Referred to fetal Care center for hydronephrosis and pelvic cystic mass

30 weeks Female





Axial SSFSE





Coronal SSFSE







Sagittal SSFSE



"Pelvic cyst"

Abnormal meconium at rectum



Sagittal T1





Diagnosis?

Classic cloaca







Classic cloaca





Ix courtesy of Dr. Bischoff

Dannull et al. Pediatr Radiol (2019) 49:387–398







What is the single finding that should make you think about the possibility of cloaca?

- 1. Oligohydramnios
- 2. Hydronephrosis
- 3. Hydrometrocolpos
- 4. Ascites





What is the single finding that should make you think about the possibility of cloaca?

- 1. Oligohydramnios
- 2. Hydronephrosis
- 3. Hydrometrocolpos
- 4. Ascites



Case 2





26 weeks Referred for ascites and pelvic cysts







Coronal SSFSE





Meconium







Posterior cloaca

FINDINGS: AD posteriorly located

Ascites

Double tubular cystic pelvic structures

Structure coming in between the two cysts

Abnormal meconium signal







Case 2

Post-natal cloacogram





Fluoro-CT reconstruction





Posterior cloaca







- 1. Computed Tomography of the abdomen
- 2. Spinal MRI
- 3. Echocardiogram, kidney US, spinal US, pelvic US
- 4. Sacral x-ray AP and lateral
- 5. Babygram
- 6. Options 3, 4, and 5.





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Case 3





26 weeks. Referred for ascites and hydronephrosis

Sagittal SSFSE

Coronal SSFSE











Diagnosis?

Posterior Cloaca Variant

FINDINGS: Double cystic pelvic structure

Hydroureteronephrosis

Normal meconium

Normal position of AD





Posterior Cloaca Variant





Posterior Cloaca Variant





Which one of these two anal dimples is abnormal?











Which one of these two anal dimples is abnormal?





Case 4











Axial SSFSE

Sagittal SSFSE





Diagnosis?

Cloaca Exstrophy - OEIS

FINDINGS: Bladder exstrophy

Ventral wall defect/ omphalocele

Posterior spinal dysraphism





Cloaca Exstrophy



Calvo-Garcia et al - Fetal MIRI of cloacal exstrophy



OEIS Complex

- O Omphalocele
- E Exstrophy, cloacal
- I Imperforate anus
- S Spinal defect



Postnatal images















Long arrows: Corpora cavernosa

Short arrows: corpora spongiosa at the base of the penis





Take Home Points

Suspect Anorectal Malformation:

• Cases of bowel dilation with intraluminal calcification, in the presence of: urological anomalies and/or vertebral anomalies

Suspect Cloaca:

• Cases of dilated vagina (s)

Thank you!

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